**Text for the Website**

**NB: Don’t forget to make all text Cambria!!!**

**For the HOME PAGE (index.html)**

Hi and Welcome to the Adelaide Vegan Website

In general, this site is devoted to all things vegan but having said this, it focuses specifically on the vegan scene in the beautiful city of Adelaide, South Australia. I must stress from the very outset that veganism here has really mushroomed over the last few years and now not only can you find specialised vegan cafes in the heart of the city, but the vast majority of eateries (restaurant, cafe, bakery) offer a variety of delicious vegan options.

The planet we live on is beset with all kinds of problems. Listed below are just a few of the major ones:

Animal Cruelty

Poor Health

Environmental Destruction

Unsustainable Lifestyle

Climate Change

I think that one of the biggest positive impacts you can have is to go vegan - for the animals we live with, for the planet we live on and for ourselves. If you are already a vegan (or thinking of becoming one), or if you are from interstate or overseas, I hope that you find the information on this website, useful, interesting and informative.

**For the ABOUT US PAGE**

Who We Are

The Adelaide Vegan website was established in 2017. Part of the reasoning behind creating this space is the lack of information regarding veganism in South Australia. Having said this, those that visit this site who are new to veganism (or how are thinking of become a vegan) will also be able to find a wealth of information about this cruelty free style of living including:

What veganism is

The health benefits of a plant based diet

Delicious recipies

Where vegans can eat in Adelaide

Our Aims

We hope to influence, inspire and support people to embrace and maintain a vegan lifestyle. We are an independent, non-profit organization staffed by volunteers. We work entirely for free and do not accept donations from any organisations (vegan or otherwise) and therefore you can be certain that the information this site contains is non-biased (apart from the fact that we totally support a vegan way of living). We have only just started up and therefore we are one of the youngest vegan organisations in the world. We are based in Adealide, South Australia and can be contacted via Facebook, Instagram and Snapchat.

What is a Vegan?

A vegan (pronounced VEE-gun) is someone who chooses to avoid using or consuming animal products. While vegetarians choose not use flesh foods, vegans also avoid diary, eggs and honey, as well as fur, leather, wool, down and cosmetics or chemical products tested on animals.

**For the EVENTS PAGE**

World Non-Milk in Your Coffee Day

Most of us have our coffee order down to a science. We are inviting everyone to take a step out of their comfort-zone with us on October the 16th and try something new in your coffee. It is a simple change just for one morning and you never know you might even prefer it!

Adelaide’s Vegan Festival

The Festival is a family and pet friendly celebration and discussion of vegan life. A fun-filled atmosphere is fuelled by guest speakers, live music, cooking demonstrations, hands-on workshops, kids’ activities, and a diverse array of market stalls of vegan products, vegan food and beverages, animal rights groups, and vegan societies. The Vegan Festival Adelaide is a not-for-profit event and is run by a committee who freely dedicate their time.

Vegan Halloween

Welcome to the very first Vegan Halloween Party event page! The event is still in the early stages of planning. This is a DRESS UP event, so get your best cozzie out and get ready for an amazing night! Proceeds from the night will go to supporting the animal residents at Fairview Lodge Animal Sanctuary. $20 Per ticket. See pinned post for ticket ordering and further details.